

## **ABSTRACT OF THE DISCLOSURE**

A method of monitoring the physiological functioning and condition of a person includes a step of using sensors in a garment body wearing by the person to continuously monitor the physiological functioning and conditions of the, and a step of  
5 using a monitoring center unit with a display for two-way inquiry or real-time treatment. The monitoring apparatus is made in the form of a LifeShirt, which is equipped with sensors and medical treating devices for monitoring the physiological functioning and conditions of the person and giving the necessary treatments, and I/O ports for communication with a remote control center.